

Saint Lawrence Socks

by Katherine Misegades

*The river is constantly turning and bending
and you never know where it's going to go
and where you'll wind up.*

*Following the bend in the river
and staying on your own path means
that you are on the right track.*

Don't let anyone deter you from that.

[Eartha Kitt]

The Saint Lawrence socks feature a crocheted chain cast on, a lacy wave pattern on the cuffs, a gentle rib to shape the leg and foot, a gusset heel, and a choice of two toe-decrease finishes.

Although the two socks are a medium size, they are knit using a different number of stitches. The count for the finer yarn and needles is in brackets { }.

Cast On

The crocheted chain-stitch cast on creates a smooth, delicate but durable edge that shapes nicely with the lacy waves of the cuff. Search YouTube for crochet cast ons. There are many video demonstrations.

- Cast on 64 sts {80sts}



LEFT PROTOTYPE:
50/50 silk/merino
fingering yarn knit on
U.S. #0 sock set, 80 sts/rnd.
[yarn by hueloco.com]



RIGHT PROTOTYPE:
80/20 merino/nylon
sock-weight yarn knit on
U.S. #1 sock set, 64 sts/rnd.
[yarn by FleeceArtist.com]

Abbreviations & Techniques

{ } – number for finer yarn and needles

rnd – round

sts – stitches

k – knit

p – purl

yo – yarn over

3-st dec – slip two stitches as if to knit two together, knit one, pass slipped stitches over; the center stitch lies on top of the other two

p2tog – purl two together

k2tog – knit two together

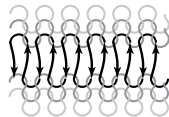
ssk – slip stitch as to knit, slip stitch as to purl, knit the slipped stitches together

right-leaning increase – knit the stitch, knit into the left side of the loop of the second stitch below the stitch just knit

left-leaning increase – knit into the right side of the loop below the next stitch then knit the stitch

wrap, turn – yarn to back, slip next stitch, yarn to front, move slipped stitch back to left needle, turn

Kitchener – method of weaving stitches together with other stitches seamlessly



Wave Pattern

ROUND 1: ([k1, yo] x4, k1, 3-st dec) x 8 {x 10}, k1 from next rnd.

ROUND 2: (p7, 3-st dec) x 8 {x 10}

ROUND 3: knit around

ROUND 4: knit around

ROUND 5: knit around

ROUND 6: knit around, k1 from next rnd.



Cuff

- Join and knit 1 rnd {2 rnds}.
- Knit 9 repeats of *Wave Pattern*.
- Work rnds 1 and 2 of *Wave Pattern*.

Leg: stripe pattern

- FOR 64-STITCH SOCK: (k7, p1) x 8 around for 24 rounds.
- FOR 80-STITCH SOCK: (k7, p1) x 10 around for 15 rounds, and then work (k3, p1) x 20 around for 15 rounds.

Heel Gusset

- Starting at center back of sock, distribute (or insert markers) 16 sts {20 sts} onto each needle. This marks the center back, each side, and the center front of the leg.
- *NEEDLE 1: Work in stripe pattern to end of first needle, work a right-leaning increase.
NEEDLE 2 & 3: Work in stripe pattern across the two front needles.
NEEDLE 4: Work a left-leaning increase at the beginning of the fourth needle. Work in stripe pattern to center back.
- Next round, work in stripe pattern around all 4 needles. * Repeat from * to * 14 {15} times.

Heel Gusset & Turn



Heel Turn

Starting at center back, work short rows as follows:

- k2, ssk, wrap, turn
- p6, p2tog, wrap, turn
- *k to wrapped st, ssk wrapped st together with next st, wrap, turn
- p to wrapped st, p wrapped st together with next st, wrap, turn*
- Repeat from *to* 12 {13} times.
- Knit across NEEDLE 1 to last 2 sts, ssk leaving 16 sts {20sts} on NEEDLE 1
- Work in stripe pattern across NEEDLES 2 & 3
- k2tog the first 2 sts of NEEDLE 4, and then knit to the center back

Basically, the short rows decrease out the stitches that were added with the gusset increases so each needle ends up with 16sts {20 sts} again.

Foot

- Work 50 rnds (or as many as required for desired length) with stripe pattern on the top of the foot.

Toe

3-STITCH DECREASE VERSION

- *NEEDLE 1: Work to 2 sts before end of this needle, work 3-st dec with the 2 sts of NEEDLE 1 and the first st of NEEDLE 2.
NEEDLE 2: Work in pattern.
NEEDLE 3: Work in pattern to 2 sts before end this needle, work 3-st dec with the 2 sts of NEEDLE 3 and the first st of NEEDLE 4.
NEEDLE 4: Knit.
- Next round, work in pattern around all 4 needles.*
- Work from * to * until there are 6 sts left on each needle
- Place the sts on NEEDLES 4 & 1 onto 1 needle, and the sts on NEEDLES 2 & 3 on another needle.
- Weave sts together (Kitchener).

SADDLE TOE VERSION

- *NEEDLE 1: Work to 4 sts before end of this needle, k2tog, k2.
NEEDLE 2: K2, ssk, work in pattern.
NEEDLE 3: Work in pattern to 4 sts before end of this needle, k2tog, k2.
NEEDLE 4: K2, ssk, knit.

Toes

3-STITCH DECREASE VERSION:



SADDLE TOE VERSION:



- Work in pattern around all 4 needles.*
- Work from * to * ten times.
- Continue to work the decrease rounds without the plain round inbetween until all top and bottom sts are gone.
- Place the 6 sts at one side on 1 needle and the 6 sts on the other side on another needle.
- Weave sts together (Kitchener).

The Great Lakes Chill Chaser Collection.

The *Great Lakes Chill Chaser Collection*, designed by Katherine Misegades, A Time to Knit Publications, LLC, includes the following hand knitting projects:

- Saint Lawrence Socks
- Lake Ontario Lace Sweater
- Niagra Shawls
- Lake Erie Gansey
 - Peelee Island Hood
- Lake St. Claire Gansey Vest
- Lake Huron Gansey
 - Child's Gansey
- Lake Michigan Cardigan
 - Mittens and Socks
- Lake Superior Shawl-Neck Sweater
 - Mittens
- North Shore/Hudson Hoodie

